

Colorado State University Department of Biochemistry
BC 351-002 Principles of Biochemistry
Fall Semester 2018

Instructor: Aaron Sholders Ph.D.
Office: MRB 231
Phone: 491-7916
E-mail: aaron.sholders@colostate.edu
Office Hours: Monday 3:00 – 5:00PM or by appointment

TA: Andrew Platt
Jacqueline Redmond
Scott Roberts
Email: andrewplatt28@gmail.com (Andrew)
jredmon@rams.colostate.edu (Jacqueline)
sjr97@rams.colostate.edu (Scott)

Study Sessions: TBD
Location: TBA

Schedule: Yates 104 MTRF 1:00PM-1:50 PM

Prerequisites: CHEM 245 or CHEM 341 or CHEM 345; LIFE 102 or BZ 110 or BZ 120

Textbook: The **REQUIRED TEXT** is Principles of Biochemistry, 1st edition, by Aaron J. Sholders and Brian Kalet, Great Rivers Technology Publishers. An access code for the book can be purchased at the bookstore or at this URL: <http://www.grtep.com>

Learning goals: Principles of Biochemistry is designed to introduce you to major topics in the field of biochemistry. The class is broken into three major units: Structural Biology, Protein Function, and Metabolism. In the first unit we will focus exclusively on chemical concepts and protein structure. In the 2nd unit we will focus on enzymology, ligand binding, and membrane transport. The final unit will focus on carbohydrate metabolism and cellular respiration. A complete list of Learning objectives will be placed on Canvas. Students will be strongly encouraged throughout the semester to read and understand these objectives. Below are the learning goals for the semester:

Upon completion of BC351 students will...

1. *Understand the chemical properties of the molecular components of living organisms and the physical basis for interactions within and between these molecules.*
2. *Understand the physical driving forces operating in biochemical processes of living organisms.*

3. *Understand the dynamic and regulatory nature of biochemical pathways needed to maintain biological steady states.*

Canvas:

I will be using Canvas this semester in order to make available to you lecture notes, exam study materials, and lecture recordings. On Canvas, you will find the following:

- a. Course home page:
 - i. When you login to this course this will be the default page.
- b. Announcements:
 - i. I will make periodic announcements within Canvas to keep you abreast with the “happening” of the course.
- c. Modules:
 - i. There are 19 modules in this class. The 1st module is the syllabus module that contains:
 1. Syllabus and Course schedule
 2. eBook introductory recording
 3. How to use the ebook’s grade book
 4. Student Guide to Polleverywhere
 5. Recitation topics
 6. Link to the textbook
 - ii. There are 14 modules that correspond directly to a chapter within the book. In each of these modules you will find:
 1. A PowerPoint file for the module’s set of lectures.
 - iii. There are 4 exam study materials modules:
 1. These modules contain: study guides, practice exams, learning objectives. They are found immediately following the last chapter for that particular exam.
- d. Grades:
 - i. I will report the grades on all your assignments in this tool as well as your final grade.
- e. Echo360
 - i. This page will take you to recordings of each day’s lecture.
- f. Media Gallery
 - i. This page contains media (mostly Youtube videos) that I have spent time researching and feel they will help you understand the material.

Attendance:

Attendance to every class is strongly encouraged and will be a determining factor for your success in this class. If you miss a class, you

will be held responsible for all material covered.

Exam Attendance: Attendance to exams is absolutely mandatory. Obvious exceptions, such as a death in the family, hospitalization and extreme illnesses will be accepted and dealt with appropriately on a case-by-case basis. In the case of illness, a note from a physician (or other health professional) will be required to reschedule the exam and a **maximum of two days** delay will be given in most cases. Additional time beyond the two day maximum will require an additional note from the physician (or other health professional). Once approved, students will be given a time and place that is convenient for myself or a TA to proctor the exam. If this time does not work with the rescheduling student, they will be required to reschedule their exam with the University testing center. All fees incurred will be covered by the student and the student is responsible for sending the reservation to my email address. If this is NOT done the exam will not be sent to the University testing center.

SDC arrangements: If you are a student who will need accommodations in this class due to a disability or chronic health condition, please provide me the SDC accommodation letter. If you do not already have these accommodation letters, please contact the SDC as soon as possible to initiate the process of setting up accommodations. The SDC is located on the room 121 of the TILT building. You can reach them by phone at 970-491-6385 or visit www.disabilitycenter.colostate.edu

Assignments: This class consists of 14-chapter quizzes (5 points each), 4 exams (100 points each), and 14 metacognition questions (15 points total) as detailed below:

1. Chapter Quizzes – 70 points
 - a. These will be presented through the book. There will be a total of 14 quizzes equaling 70 points. You will have two opportunities to take the quizzes. Your highest score of the two attempts will be recorded. Due dates for the final attempt on each quiz are listed on the schedule.
2. Metacognition Questions- 15 points
 - a. These will be presented in the book in the “Metacognition Questions” tab. Each chapter will have a single question worth 1 point each. There are no “right” or “wrong” answers for these questions, BUT you will need to do them and take them seriously to receive credit for them. Due dates for each question are listed on the schedule.
3. Glycolysis Drag-n-drop assignment – 15 points
 - a. This assignment will be presented in the book in Chapter 11. As the time approaches I will address how and when to complete this assignment.

4. Exams - 400 points
 - a. I am going to give four exams. Each one will be worth 100 points.

How to Study:

The question I am most often asked by students is “How do I study for this class?” As such I have decided to provide the answer up front, so you can get started right away!

The objective of studying is to learn the material that is being presented. Exams are designed to assess whether or not you have learned. So really the question is “How do I learn in this class?” I think the best way to do this is to come to class prepared. Do this by answering the questions I have given you in the study guides and your initial chapter quiz attempt **PRIOR TO THE DAY THAT THE MATERIAL IS COVERED**. To do this you can use the text, the internet, my skeleton notes, and whatever other resource you find helpful. If you can't come to an answer you are satisfied with, no big deal, at least you have thought about the material before coming to class. Now when you come to class your mind will be better prepared to understand the material I am presenting, and you will be much more able to pick out the important points in my lecture. Once the lecture is done, review your notes, review the chapter, and maybe even listen to the lecture again and then reattempt to answer the questions in the study guide. After this take the quiz a 2nd time.

In addition to this I also am providing several short answer questions and practice multiple-choice questions for each chapter. Attempt to answer these questions using your notes and the chapter content. Once you are satisfied that you have the correct answer submit it and the correct answer will then be displayed. After all this if you still feel confused then come and see me and I will hopefully set you straight.

Grades:

<u>Grade</u>	<u>Percentage</u>
A+	97-100%
A	90 - < 97%
B+	87 - < 90%
B	80 - < 87%
C+	77 - < 80%
C	70 - < 77%
D	60 - < 70%
F	below 60%

Grade Breakdown:	<u>Assignment</u>	<u>Points Counted</u>
	4 Exams (100 points each)	400
	Metacognition questions	15
	Glycolysis drag-n-drop	15
	<u>14 Quizzes (5 points each)</u>	<u>70</u>
	Total	500

Extra Credit: I have decided to use “Poll Everywhere” this semester. Poll everywhere is an alternative to iclickers with significantly more flexibility in the type of questions I can ask. The ***program costs you nothing*** but you will need to make a user account at the following URL:

www.polleverywhere.com/register?p=418k3-1ka7&pg=xvgwt1&u=FEhSiCqW

Here is a link to a “[Student Guide to Polleverywhere](#)” (which I also posted on Canvas in the “Syllabus” module) that you will want to look over. Once you make your user account you will be able to participate in a wide variety of questions I plan to present using this system. Questions can be responded to from any mobile device (smart phone, ipads or other tablets), laptop or computer. From these devices you can either text answers or login from a browser and respond to polls from that format as well. You can also respond via SMS text messaging on a standard flip-phone. If text messaging is your mode of choice understand that your plans standard text messaging rates will apply.

I am going to give only **extra credit points** for the use of Poll Everywhere. If you participate in **80%** of the polls I will give you **5 points of extra credit**. Poll everywhere will be used essentially every day in class, and you are responsible for bringing a device that allows you to respond each day.

In addition to Poll Everywhere over the course of the semester you will find “practice materials” in the book for each chapter. These materials consist of quizzes comprised of multiple choice and short answer questions. They are optional however, I feel that they will be very helpful in preparing you for the exams. As an incentive to do this I will give **5 points extra credit** to any student that completes **85% or more** of these questions. Keep in mind that you *do not have to get the questions correct to get the extra credit, you simply need to do them.*

Finally, I am going to give an additional 5 points of extra credit to any student that attends **70%** of the TA’s recitation sections. Two recitation sections (at least) will be given a week by the TA’s. You are welcome to attend both if you like but you cannot receive double credit. Tracking attendance to these sessions will be discussed in individual TA recitations.

Academic Integrity: This course will adhere to the Academic Integrity Policy found in the Colorado State University [General Catalog](#).

End of the Semester: I know that there will be a handful of people at the end of the semester that need “just a few points” to get the grade they desire. The extra credit assignments listed above will be designated as THE mechanism to get these points. **I WILL NOT NEGOTIATE GRADES AT THE END OF THE SEMESTER.** It is my expectation that you will accept the grade assigned to you and take responsibility for YOUR work throughout the semester. Grade negotiation always leads to someone receiving special treatment and is a policy that I cannot abide as I desire to maintain an atmosphere of academic honesty and integrity. If you are concerned about your grade please come and talk to me **DURING** the semester when something **can be done** about it.

Lecture Schedule **SUBJECT TO CHANGE**

DATE	DAY	TOPIC	TEXT	QUIZ (DUE DATE)	METACOG ? (DUE DATE)
8/20	M	Introduction & Laying Foundations – Lecture 1	Chapter 1		
8/21	T	Laying Foundations – Lecture 1	Chapter 1		
8/23	R	Laying Foundations – Lecture 1	Chapter 1		
8/24	F	Laying Foundations – Lecture 1	Chapter 1	1 (8/28)	1 (8/24)
8/27	M	Molecular Interactions in a Biological Context – Lecture 2	Chapter 2		
8/28	T	Molecular Interactions in a Biological Context – Lecture 2	Chapter 2	2 (9/4)	2 (8/28)
8/30	R	Acid/Base Chemistry and the Limits of Biological Life – Lecture 3	Chapter 3		
8/31	F	Acid/Base Chemistry and the Limits of Biological Life – Lecture 3	Chapter 3	3 (9/4)	3 (8/31)
9/4	T	Amino Acids: The Building Blocks of Proteins – Lecture 4	Chapter 4		
9/6	R	Amino Acids: The Building Blocks of Proteins – Lecture 4	Chapter 4	4 (9/11)	4 (9/6)
9/7	F	The Three-Dimensional Structure of Proteins – Lecture 5	Chapter 5		
9/10	M	The Three-Dimensional Structure of Proteins – Lecture 5	Chapter 5		
9/11	T	The Three-Dimensional Structure of Proteins – Lecture 5	Chapter 5		

9/13	R	The Three-Dimensional Structure of Proteins – Lecture 5	Chapter 5		
9/14	F	The Three-Dimensional Structure of Proteins – Lecture 5	Chapter 5		
9/17	M	The Three-Dimensional Structure of Proteins – Lecture 5	Chapter 5		
9/18	T	The Three-Dimensional Structure of Proteins – Lecture 5	Chapter 5		
9/20	R	The Three-Dimensional Structure of Proteins – Lecture 5	Chapter 5	5 (9/21)	5 (9/20)
9/21	F	Enzymes: The Catalyst of Biological Life – Lecture 6	Chapter 6		
9/24	M	Exam I (Lectures 1-5)			
9/25	T	Enzymes: The Catalyst of Biological Life – Lecture 6	Chapter 6		
9/27	R	Enzymes: The Catalyst of Biological Life – Lecture 6	Chapter 6	6 (10/2)	6 (10/1)
9/28	F	Enzyme Kinetics: Measuring and Comparing Enzyme's Abilities – Lecture 7	Chapter 7		
10/1	M	Enzyme Kinetics: Measuring and Comparing Enzyme's Abilities – Lecture 7	Chapter 7	7 (10/2)	7 (10/2)
10/2	T	Ligand Binding, Allostery, and Cooperativity – Lecture 8	Chapter 8		
10/4	R	Ligand Binding, Allostery, and Cooperativity – Lecture 8	Chapter 8		
10/5	F	Ligand Binding, Allostery, and Cooperativity – Lecture 8	Chapter 8		
10/8	M	Ligand Binding, Allostery, and Cooperativity – Lecture 8	Chapter 8		
10/9	T	Ligand Binding, Allostery, and Cooperativity – Lecture 8	Chapter 8		
10/11	R	Ligand Binding, Allostery, and Cooperativity – Lecture 8	Chapter 8	8 (10/12)	8 (10/11)
10/12	F	Membrane Proteins and Transport – Lecture 9	Chapter 9		
10/15	M	Exam II (Lectures 6-8) LAST DAY TO WITHDRAW			
10/16	T	Membrane Proteins and Transport – Lecture 9	Chapter 9		
10/18	R	Membrane Proteins and Transport – Lecture 9	Chapter 9		
10/19	F	Membrane Proteins and Transport – Lecture 9	Chapter 9	9 (10/23)	9 (10/22)
10/22	M	Bioenergetics and Metabolic Themes – Lecture 10	Chapter 10		
10/23	T	Bioenergetics and Metabolic Themes – Lecture 10	Chapter 10		
10/25	R	Bioenergetics and Metabolic Themes – Lecture 10	Chapter 10		
10/26	F	Bioenergetics and Metabolic Themes – Lecture 10	Chapter 10		
10/29	M	Bioenergetics and Metabolic Themes – Lecture 10	Chapter 10	10 (10/30)	10 (10/29)

10/30	T	Carbohydrate Metabolism – Lecture 11	Chapter 11		
11/1	R	Carbohydrate Metabolism – Lecture 11	Chapter 11		
11/2	F	Carbohydrate Metabolism – Lecture 11	Chapter 11		
11/5	M	Carbohydrate Metabolism – Lecture 11	Chapter 11		
11/6	T	Carbohydrate Metabolism – Lecture 11	Chapter 11	11 (11/9)	11 (11/6)
11/8	R	Metabolic Control - Lecture 12	Chapter 12		
11/9	F	Metabolic Control - Lecture 12	Chapter 12		
11/12	M	Exam III (Lectures 9-11)			
11/13	T	Metabolic Control - Lecture 12	Chapter 12		
11/15	R	Metabolic Control - Lecture 12	Chapter 12		
11/16	F	Metabolic Control - Lecture 12	Chapter 12	12 (11/27)	12 (11/15)
11/17-25		Fall Break			
11/26	M	The Citric Acid Cycle- Lecture 13	Chapter 13		
11/27	T	The Citric Acid Cycle- Lecture 13	Chapter 13	13 (12/4)	13 (11/29)
11/29	R	Oxidative Phosphorylation – Lecture 14	Chapter 14		
11/30	F	Oxidative Phosphorylation – Lecture 14	Chapter 14		
12/3	M	Oxidative Phosphorylation – Lecture 14	Chapter 14		
12/4	T	Oxidative Phosphorylation – Lecture 14	Chapter 14		
12/6	R	Oxidative Phosphorylation – Lecture 14	Chapter 14		
12/7	F	Oxidative Phosphorylation – Lecture 14	Chapter 14	14 (12/7)	14 (12/6)
12/12	W	Final Exam (Lectures 12-14) – 4:10PM-6:10PM Yates 104			