

LIFE210 - Introductory Eukaryotic Cell Biology

Lecture:	Section 1: Clark A104, 12:00-12:50 PM MWF	
Honors Recitation (Life 211):	Section R90: MRB 123, 11:00-11:50 AM R	
Instructor (1st half):	Steven Markus	
Office Hours:	By appointment (phone, email, or meet after class to schedule)	
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Instructor (2nd half):	Santiago Di Pietro,	
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Teaching Assistants:	Drew Tonsager	Andrew.Tonsager@colostate.edu
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Office Hours:	Mondays, 9:00-10:00 am (except for 8/26, 9/2, 11/25 and 12/16) Molecular and Radiological Biosciences (MRB) 230 *To meet your TAs outside this time, contact them for an appointment.*	
Textbook:	Molecular Biology of the Cell, 5 th edition by Alberts et al. 2008 or 6 th edition 2015, <u>Or</u> Essential Cell Biology, 5 th edition by Alberts et al. 2019	

Course Objectives

- Understand essential concepts and fundamental definitions in cell biology that are necessary to further grasp biochemistry, and broader biomedical issues.
- Learn major components and (bio)chemical reactions involved in the basic cellular processes. Cell biology is the molecular and chemical underpinnings of how and why life (cells and organisms) works. This course only explores the “tip of the iceberg” but will provide a springboard for anyone who wants to delve into cell biology in greater depth.
- Learn to apply the acquired knowledge to problems and questions through critical thinking and problem solving exercises.

How to Do Well

To help you best understand the course content, we will provide you with the following: (1) 8 unit outlines; (2) lecture slides to be posted to Canvas; (3) clicker questions that were presented in class; and (4) example exams (pending availability, and up to the instructor's discretion). You are expected to come to class prepared (*i.e.*, know something about what we will talk about). Typical preparation involves reading the assigned textbook pages (see below), and looking over the lecture notes for each lecture. If you do not have a good understanding of the material raised by the clicker questions, ask about them at the beginning of the next class, and/or make an appointment to go over them individually with the TA. Use the quizzes, lecture notes, outlines, and clicker questions to guide your studying for the exams. Study your notes including key terms and concepts, and then take the quiz the first time without your notes. If you do not do as well as you would like, review your notes again and take the quiz a second time with your notes and book open (you get two attempts at each quiz!). Finally, we strongly suggest that you practice diagramming some of the key biochemical/cell biological processes on a white board or note paper multiple times rather than just looking them over to study. You will find that the information is retained much more readily, and you will recognize gaps in your understanding more readily. Using this approach in a study group is even more effective. Free tutoring is available in the Arts and Sciences Tutorial Hall from 5 - 10 pm, Sunday through Thursday. For more details see:

<https://tilt.colostate.edu/learning/tutoring/>

Syllabus

<u>Date</u>	<u>Period</u>	<u>Topic</u>	<u>Text Reading (page #s)</u>	
			<u>5th edition</u>	<u>6th edition</u>
Unit 1: Chemistry of Cells – An Overview				
Aug 26	SM1	Introduction and course overview & Unity and diversity of cells; definition of cancer	8-14; 35-42; 1205-13; 1224-5 45-48	8-12; 31-39 1091-97; 1127-29 43-44
Aug 28	SM2	Chemical composition of cells		
Aug 30	SM3	Chemical bonds, Part I	48-49; 53-54;	44-45
Quiz 1 due @ noon <u>**Tuesday, September 3**</u> **Labor Day - NO Class**			106 (panel 2-1)	90 (panel 2-1)
Sep 2				
Sep 4	SM4	Chemical Bonds, Part II		
Sep 6	SM5	Molecules found in cells, Part I	51-53	45-46
Quiz 2 due @ noon Monday, September 9				
Sep 9	SM6	Molecules found in cells, Part II	55-65 65; 153; 157-8	47-50 50-51; 134-35 138-89
Unit 2: Macromolecular Structure and Function: Proteins				
Sep 11	SM7	Amino acids, Peptide Bonds & Intermolecular interactions	125-127; 128-129 (panel 3-1)	109-11 112-13 (panel 3-1)
Sep 13	SM8	Protein structure and folding	130- 131; 134-135; 142-151	114-17; 122-29
Quiz 3 due @ noon Monday, September 16				
Sep 16	SM9	Proteins as catalysts I	72-77; 158-161; 164-166	57-61; 140-41; 144-46
Sep 18	**Review for Exam 1** In class!			
Sep 20	E1	EXAM 1 (covering lectures SM1-9)		
Sep 23	SM10	Proteins as catalysts II	(same as Sept. 16)	
Unit 3: Macromolecular Structure and Function: Lipids and Membranes				
Sep 25	SM11	Membrane composition and assembly	617-625; 626-629	565-72; 573-76
Sep 27	SM12	Membrane proteins	629-635	576-82
Quiz 4 due @ noon Monday September 30				
Sep 30	SM13	Solute diffusion and transport across membranes	651-55; 667-69; 673-75	597-601; 611-14
Oct 2	SM14	Solute diffusion and transport across membranes	654-58; 659-63	600-04; 606-08
Oct 4	SM15	Transmembrane transport in disease	663; 665-67	609-11
Quiz 5 due @ noon Monday October 7				
Unit 4: Metabolism – Flow of Matter and Energy in Cells				
Oct 7	SM16	Overview of cellular metabolism I	65-72; 77-83; 88-93; 96-100; 101-03	51-6; 63-8; 73-8; 81-5
Oct 9	SM17	Overview of cellular metabolism II	(same as Oct. 5)	
Oct 10	**Review for Exam 2** On Thursday evening!			
Oct 11	E2	EXAM 2 (covering lectures SM10-16)		

Oct 14	SM18	Regulation of cellular metabolism	106-08	87-8
Oct 16	SM19	Metabolic changes in cancer cells	-	1098-99
Unit 5: Intracellular Compartments, Protein and Lipid Sorting				
Oct 18	SDP20	Compartmentalization of cells	26-30; 695-704	24-28; 641-49
Quiz 6 due @ noon Monday October 21				
Oct 21	SDP21	Protein sorting to cellular compartments I	704-20	649-66
Oct 23	SDP22	Protein sorting to cellular compartments II	723-45	669-91
Oct 25	SDP23	Protein sorting to cellular compartments III	749-79	695-722
Quiz 7 due @ noon Monday October 28				
Oct 28	SDP24	Lipid and protein sorting IV	779-809	722-50
Unit 6: Cellular Communication				
Oct 30	SDP25	Principles of cell signaling	879-904	813-831; 874-76
Oct 31	**Review for Exam 3** On Thursday evening!			
Nov 1	E3	EXAM 3 (covering lectures SM17-19 & SDP20-24)		
Nov 4	SDP26	Membrane receptors/G-proteins	904-21	832-49
Nov 6	SDP27	Enzyme-linked receptors	921-45	850-67
Nov 8	SDP28	Signaling through proteolysis	946-55	867-75
Unit 7: Cell Shape and Movement				
Quiz 8 due @ noon Monday November 11				
Nov 11	SDP29	Molecular dynamics of the cytoskeleton	965-91	889-960
Nov 13	SDP30	Regulation of cytoskeletal dynamics I	992-97	889-960
Nov 15	SDP31	Regulation of cytoskeletal dynamics II	997-1010	889-960
Quiz 9 due @ noon Monday November 18				
Nov 18	SDP32	Motor proteins	1010-25	889-960
Nov 20	SDP33	Cytoskeleton and cellular behavior	1025-50	889-960
Nov 21	**Review for Exam 4** On Thursday evening!			
Nov 22	E4	EXAM 4 (covering lectures SDP25-31)		
Nov 25-29	Fall Recess/Thanksgiving Break – No Classes			
Unit 8: Cellular Growth Control				
Dec 2	SDP34	Cell cycle I: An overview	1053-60	963-967
Dec 4	SDP35	Cell cycle II: Regulation	1060-1112	967-1018
Dec 6	SDP36	Programmed cell death	1115-28	1021-32
Quiz 10 due @ noon Monday December 9				
Dec 9	SDP37	Cellular senescence	292-94; 505	262-265; 442-444
Dec 11	SDP38	Cell biology of cancer I	1205-40	1091-1141
Dec 13	SDP39	Cell biology of cancer II	1241-65	1091-1141
Dec 16	E5	4:10-6:10 pm, EXAM 5 (covering lectures SDP32-39; in Clark A104)		

Last add/drop and W-drop days

Wednesday September 11 – last add/drop day; you will have taken 2 quizzes by then.

Monday October 21 – last course withdrawal day (with W grade); you will have taken 6 quizzes & 2 exams by then.

iClickers

You will want to purchase an iClicker remote for in-class participation. iClicker is a response system that allows you to respond to questions we pose during class; you will receive extra credit points for that feedback and/or participation. In order to receive this credit, you will need to register your iClicker remote by the first Friday of the semester (**August 30th, 2016**).

For Web Registration:

To register your iClicker, go to the following website for instructions:

https://wsnet2.colostate.edu/cwis6/ttcpdf/how_to/iclicker/iClickerRegistration.pdf

****iClickers will be used every day in class, and you are responsible for bringing your remote daily.****

Quizzes and Exams

1. 10 Quizzes – 50 points total

There will be 10 quizzes each worth 5 points. They will all be administered on Canvas. They will be posted every Friday (see course schedule above), except the Fridays of the four exams and will be due on the following Monday before class time (noon; except for Quiz 2, which is due on Tuesday September 6 due to Labor Day). There will be 10 quizzes and you will be given two attempts on each.

2. Exams – 500 points total

There will be five exams each worth 100 points. With the exception of the final exam, the exams will be administered during the regular class time, and in the regular classroom. They will consist of a combination of multiple choice and essay questions. The exams will cover what is discussed in class and what is emphasized in the outlines (see canvas), clicker questions and quizzes.

Grading

There are a total of 500 points from Exams, and 50 points from Quizzes. Each of the 5 exams in LIFE 210 will be worth 100 points (500 total), and the 10 weekly quizzes on Canvas are worth 5 points each (50 total), for a cumulative total of 550 points possible. This does not include any bonus points acquired from answering in-class iClicker questions (see below). If you achieve the following point totals for LIFE 210 you will be assured the **minimum** letter grade shown:

- | | |
|---------------------|---|
| 1. 495-550 (≥90%) | A |
| 2. 440-494 (80-90%) | B |
| 3. 385-439 (70-80%) | C |
| 4. 330-384 (60-70%) | D |
| 5. <330 (<60%) | F |

Each exam or quiz will not be curved individually, but the final total points required for a course grade might be curved depending on the averages and distribution of points. In addition, your grade for LIFE 210 will be determined based on the total 550 points (combined). Students in LIFE 210 have averaged around 80% of the total points possible over the past several years. As a result, there is usually no grading curve.

In-class iClicker questions will be worth 1 point for answering irrespective of correctness. These points will be weighted to be worth a maximum total of 20 extra credit points (in addition to the 550 total possible points) at the end of the semester.

Make-up Exams and Exam Regrading

There will be no make-up exams offered. Unexcused absences from an exam or quiz will be given a zero. If you have an excused absence (based on written or other verifiable evidence) from an exam or quiz, your final grade will be based on a percentage of the total possible points for the exams and quizzes you did take. **Alternatively, students can schedule to take the exam early with the instructor if they know they cannot take the exam at the regularly scheduled date and time.** If you have questions concerning the grading of any

of your exams or quizzes, the questions you want re-graded should be circled and the exam or quiz should be turned in to the instructor within a week of the date of its return to the class after grading. You must also provide a **written** explanation as to why you feel the question should be re-graded. Exams **will not be accepted for re-grading after this one-week period**, so go over your exam carefully soon after it has been returned to you.

CSU Academic Integrity Policy and LIFE 210

By registering for this class you enter into a contract between each student (you) and the instructors (us) constituting an agreement on our respective roles in gaining the knowledge and understanding of cell biology and earning the grade that you desire. As the instructors, our role is to organize and present the material and stimulate, facilitate and guide you through learning and understanding the core concepts in eukaryotic cell biology. As the student, your role is to attend class, **not to talk during class** unless you are asked to or are asking the instructor a question and to participate in class discussions and in answering iClicker questions. If you wish to do well in this course (earn an A or B), we strongly suggest that you attend every class and listen (not text or surf the internet or watch movies, *etc.*), use the outlines, clicker questions and lecture notes, form study groups, attend review sessions, schedule office hours with the instructors and/or the teaching assistants (TAs) to clarify concepts, and study by *practicing* rather than merely looking over your notes (please ask us if you do not know what this means).

More specifically, in LIFE 210 the students and the instructors will abide by the Academic Integrity Policy of CSU as defined in the General Catalog (<http://catalog.colostate.edu/general-catalog/policies/students-responsibilities/#academic-integrity>) and the Student Conduct Code (<https://resolutioncenter.colostate.edu/conduct-services/academic-integrity/>). While taking an exam, the use of any written material, phones (or similar electronic devices), or the assistance of others by looking at their exam or communicating verbally or by text, email, *etc.* is strictly prohibited. Studying in groups is encouraged. We do suggest that you attempt to complete the quizzes and clicker questions (when provided) individually first (before meeting in groups) to get the maximum benefit in your exam preparation. For answering the iClicker questions during class, discussing the possible answers is strongly encouraged (after attempting to answer them on your own the first time). However, answering these questions for other students that did not decide to attend class (using multiple iClickers) is not permitted, and is against the student conduct code.

Maintaining academic integrity is important in LIFE 210 not just to get the most out of the class, but also because conducting yourself with integrity is core to everyone's self-worth and societal worth. If you let the small stuff slide, the next step is justification of doing a poor job, then plagiarism, then cheating on exams, your homework assignments, your taxes, *etc.* Even if you are not caught, conducting yourself without integrity eats at your self-esteem. To learn more visit the Practicing Academic Integrity on the Learning@CSU Website (<http://learning.colostate.edu/integrity/index.cfm>).